



### Health History

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Work Phone: (\_\_\_\_) \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_  
Occupation: \_\_\_\_\_ Referred by: \_\_\_\_\_

**Your Health History is Confidential**

Please place an X in front of each and every symptom/health condition you have or have previously experienced.

**General Symptoms**

- Headache
- Fever
- Chills
- Sweats
- Fainting
- Allergies
- Dizziness
- Convulsions
- Loss of Sleep
- Fatigue
- Nervousness/Depression
- Weight Gain/Loss
- Numbness in \_\_\_\_\_

**Skin**

- Itching
- Bruises Easily
- Dryness
- Varicose veins
- Sensitive skin
- Hives or allergy

**Respiratory**

- Chronic cough
- Spitting up phlegm
- Spitting up blood
- Chest pain
- Difficult breathing

**Cardio-Vascular**

- Rapid heartbeat
- Slow heartbeat
- High blood pressure
- Low blood pressure
- Pain over heart
- Heart attack
- Swelling ankles
- Poor circulation

**Eyes, Ears, Nose & Throat**

- Failing vision
- Far sightedness
- Near sightedness
- Crossed eyes
- Eye pain
- Deafness
- Earache
- Ear noises
- Ear discharge
- Nose bleeds
- Nasal drainage
- Sore throat
- Swollen tonsils
- Enlarged lymph glands
- Enlarged thyroid
- Colds
- Sinus infection
- Hay fever
- Asthma
- Dental Decay
- Gum problems

**Genito-urinary**

- Frequent urination
- Painful urination
- Blood in urine
- Kidney problems
- Inability to control urine
- Prostate problems

**Muscle, bone & joint**

- Stiff neck
- Backache
- Swollen joints
- Tremors
- Painful tailbone
- Foot & ankle problems
- Pain in: shoulders, arms, elbows, hands, hips, legs, knees, feet, or other: \_\_\_\_\_

- Hernia
- Spinal curvature
- Faulty posture
- Subluxation
- Pinched nerves

**Gastro-intestinal**

- Poor appetite
- Excessive hunger
- Difficult digestion
- Belching or gas
- Distention of abdomen
- Nausea
- Vomiting
- Pain over stomach
- Constipation
- Diarrhea
- Colon problems
- Hemorrhoids or piles
- Rectal bleeding
- Bloody stools
- Intestinal worms/parasites
- Liver problems
- Gall bladder problems
- Jaundice

**For Women Only**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Painful menstrual periods | <input type="checkbox"/> Irregular cycle    | <input type="checkbox"/> Vaginal discharge   |
| <input type="checkbox"/> Excessive menstrual flow  | <input type="checkbox"/> Cramps or backache | <input type="checkbox"/> Lumps in breast     |
| <input type="checkbox"/> Hot flashes               | <input type="checkbox"/> Miscarriage        | <input type="checkbox"/> Menopausal symptoms |

Please place an "X" in either the Yes or No space for each of the following questions.

- | Yes                      | No                       |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 1. Are you having any pain or discomfort at this time?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 2. Do you feel very nervous about having colonic irrigation?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 3. Have you ever experienced colonic irrigation? If yes, when? _____                                    |
| <input type="checkbox"/> | <input type="checkbox"/> | 4. Have you been a patient in a hospital during the past six weeks?                                     |
| <input type="checkbox"/> | <input type="checkbox"/> | 5. Have you been under the care of a doctor during the past two years?                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | 6. Are you taking any prescription medications? If yes, please list current medications: _____          |
| <input type="checkbox"/> | <input type="checkbox"/> | 7. Are you taking any supplements or herbal medications? If yes, please list current supplements: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | 8. Are you on a special diet? If yes, please explain: _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | 9. Has your medical doctor ever told you that you have cancer or a tumor?                               |
| <input type="checkbox"/> | <input type="checkbox"/> | 10. Do you have any disease, condition, or health problem not listed? If yes, please explain: _____     |
| <input type="checkbox"/> | <input type="checkbox"/> | 11. Have you lost or gained more than 10 pounds in the past year?                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | 12. Do you have abdominal bloating/gas?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 13. Do you use prescription or over-the-counter laxatives?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 14. Do you have rectal bleeding?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 15. Do you have perforated or bleeding hemorrhoids?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 16. Do you have to strain to have a regular bowel movement?   |
| <input type="checkbox"/> | <input type="checkbox"/> | 17. Do you have one or more bowel movements per day?  |
| <input type="checkbox"/> | <input type="checkbox"/> | 18. Have you had a recent colonoscopy or sigmoidoscopy? If yes, when? _____                             |
| <input type="checkbox"/> | <input type="checkbox"/> | 19. Have you had rectal surgery of any type? (i.e.: partially removal of any portion of the colon)      |
| <input type="checkbox"/> | <input type="checkbox"/> | 20. Why have you chosen to have colonic irrigation? _____   |

To the best of my knowledge, all of the preceding answers are correct.

Client signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Colonics are a perfectly safe and natural procedure** however, there are some conditions that may not be benefited by the colonic process. Contraindications to colon hydrotherapy include congestive heart failure, intestinal perforation, carcinoma of the rectum, fissures or fistula, severe hemorrhoids, abdominal hernia, renal insufficiency, recent colon or rectal surgery, cirrhosis of the liver, and first and last trimester of pregnancy.

Curing disease or any other illness is between you and your health care medical professional. Internal Wellness Center does not treat any diseases or illnesses, nor do we make any diagnosis of any illness. Internal Wellness Center is not staffed by medical doctors, and is not attempting to portray itself as a medical professional, nor does it conduct the activities of medical doctors. Colonic hygiene is considered complementary to the recommendations and/or programs of your health care medical professional.



## Internal Wellness Center

### Informed Consent

Neither Internal Wellness Center nor its associates, do any of the following, whether implied or intended:

- We do not diagnose.
  - We make no attempt to cure any condition.
  - We make no claims or imply any claims that suggest a cure for any condition.
  - We do not claim that any supplemental material we speak about will cure any condition, or that its purpose is to treat any condition.
  - We do not prescribe or treat disease; however we do attempt to educate you in/on dietary recommendations and exercise, if it is not contradictory to the recommendations of your physician(s).
- 
- I, the undersigned client, understand the above statements.
  - I, as the undersigned client, understand that diet and nutrition is considered to be an inexact science, and that the results obtained are not always constant or predictable.
  - I also understand that there is no guarantee of any results and that the opposite of my desired results may occur.
  - Whether or not I participate in this procedure and/or program is my decision, based on my constitutional right of the Ninth Amendment. I must make all decisions relative to my wellbeing and health.
  - I further understand that Internal Wellness Center staff are not medical doctors and are not attempting to portray themselves or conduct the activities of medical doctors.
  - I also understand that the medical device used in this procedure is intended for use in colon irrigation.
  - Additionally, I understand the Angel of Water system is registered with the FDA and is intended for colon cleansing to promote general health and wellbeing and when medically indicated, such as preparation for radiological or endoscopic examinations.
  - I understand colonic hygiene is considered complementary to the recommendations and/or programs of my health care/medical professional(s).

If any representations have been made to me concerning this program, or if I have any understanding about this program which representations and/or understandings are contrary to the above statements, I will indicate so at the bottom or reverse side of this form. By signing this form, I state that I am not a D.O.H. agent or Federal Agent or in the services of these agencies, but that I am a client seeking colon hydrotherapy services for my own benefit. This form also acts as a non-compete clause and by signing this form, I agree not to open a colon hydrotherapy practice or work for, or consult for, a business that offers colon hydrotherapy within 25 miles of Internal Wellness Center, LLC for 3 years from date of receiving services at Internal Wellness Center, LLC. I have read this agreement in full and agree to its terms.

Print Name: \_\_\_\_\_ Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email address: \_\_\_\_\_

Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Curing disease or any other illness is between you and your health care medical professional. Internal Wellness Center does not treat any diseases or illnesses, nor do we make any diagnosis of any illness. Internal Wellness Center is not staffed by medical doctors, and is not attempting to portray itself as a medical professional, nor does it conduct the activities of medical doctors. Colonic hygiene is considered complementary to the recommendations and/or programs of your health care medical professional.



## Internal Wellness Center

### **Policies**

Please read, initial each section where indicated and sign below.

#### ***Our Financial Policy***

Thank you for choosing Internal Wellness Center as your colon rejuvenation provider. We are committed to your colonic session being successfully completed. Please understand that the prompt payment of your bill is the only way we can continue to provide the best quality and service.

\_\_\_ We require full payment at the time of service. We accept cash, personal checks, Master Card, VISA, Discover and American Express.

#### **Missed and/or Late Appointments**

\_\_\_ Unless **cancelled at least one business day in advance**, we will charge for missed appointments at the full rate of the scheduled appointment. Please help us by keeping your appointment.

\_\_\_ Late arrival for a scheduled appointment will be accommodated whenever possible. However, due to the scheduling of other clients, **it may not be possible to provide a full colonic session if you arrive past the scheduled appointment time. Full payment for the appointment is expected, regardless of how much of the session is completed.**

#### **Service Policy**

\_\_\_ Internal Wellness Center reserves the right to refuse to offer our services to individuals with conditions that we feel may be contraindicated to colon hydrotherapy. Clients who we feel are out of our scope of practice may not receive services without the express written original prescription from a medical practitioner.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Curing disease or any other illness is between you and your health care medical professional. Internal Wellness Center does not treat any diseases or illnesses, nor do we make any diagnosis of any illness. Internal Wellness Center is not staffed by medical doctors, and is not attempting to portray itself as a medical professional, nor does it conduct the activities of medical doctors. Colonic hygiene is considered complementary to the recommendations and/or programs of your health care medical professional.