



# Internal Wellness Center

## How our clients feel about our services:

- ❖ .....I started the process of really taking control of my health,...before embarking on this new journey. I started researching places to do a colonic, what I found out was very alarming, getting someone to call you back was almost impossible. I was about to give up when I decided to try one last time and my research brought me in contact with Liz at Internal Wellness Center, ... She actually picked up the phone, we had a brief but informative conversation after which I scheduled an appointment. The location was perfect, her office was impeccable and her professionalism was second to none; there was no over sell of services, rather a great consultation of what my needs and goals were how she can help me reach them, I definitely will recommend Liz and Internal Wellness Center to anyone. **Andrew S.**
  
- ❖ .....My experience at the center was WONDERFUL! I felt I was Liz's only client. The environment is relaxing and best of all I got the results I wanted .... I would definitely recommend The Internal Wellness Center to anyone who is in a similar situation as I am, a long time sufferer of IBS always running to the doctors, in out of pharmacies.... Trust me you will not be disappointed. Good Luck! **Gracinda G.**
  
- ❖ .... That's when I decided to take matters into my own hands and step outside the traditional medicine box. I'm so glad I found Liz and Internal Wellness Center. Liz is so warm and friendly and so passionate about what she does. She made me feel at ease and comfortable and became my biggest cheerleader. After my very first session I felt like a new person..... and I could not believe how much energy I had. I've continued colon hydro-therapy periodically always with fantastic results. I would (and often do) encourage friends and total strangers to try it; it will change your life! **Tracy S.**
  
- ❖ ...My experience with Liz and her water angel has grown into more than a fantastic colonic experience. Her sensitivity and professionalism has impressed me in many ways. I have had colonics before but this experience allows a person to go where no one has gone before. Everyone holds onto 'stuff' from the past. Being in a private and secure cleansing state during the release allows many layers to be peeled back on many levels, physically and emotionally. I highly recommend Liz and her water angel to all who want to ..... prepare for new personal growth. **Rollin S.**



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- ❖ “For anyone interested in doing Colon Hydrotherapy, Internal Wellness in Dedham this is the place to go. My experiences there have been wonderful and the results were everything I was hoping for. Internal Wellness is very conveniently located on Route 1 in Dedham. There is plenty of parking and the facility is beautiful and tranquil. Liz is very professional and knowledgeable but she is also so engaging you will feel like family in no time. The Angel of Water is probably just about the best thing ever invented. The experience you will have will be relaxing, private and rejuvenating.” **Denise M.**
- ❖ The Internal Wellness Center is the best place for Colon Hydrotherapy. I went there with severe constipation and pain and Liz was very professional and helpful! I've been going there for a while now and YES I will go back again and again. It was such a great experience and I will give the place five stars. I could sum it up in one word: WOW.” **Ghizlane C.**

*Disclosure:*

*Colon irrigation devices are Class II prescription only medical devices used to "hydrate the bowel, activate peristalsis, and evacuate the contents of the bowel." Above are edited testimonials from our clients intended to show that our facility and staff are first and foremost client centered without making any other representations regarding the benefits of Colon Hydrotherapy.*